

Best Cold Plunge Tubs for Home

Record the exact model, dimensions and unresolved questions before buying. Checked boxes reflect your own notes, not product certification.

Selected models to inspect

- The Pod Company Ice Pod Pro
- Yesker 110-gallon oval tub
- AudaciaGo XXL inflatable tub

Before buying

- ☐ The supporting structure and installed load have been checked.
- ☐ I obtained interior measurements and intended water level.
- ☐ A safe exit, drain route and secured access are planned.
- ☐ I have the exact cleaning and water-treatment instructions.
- ☐ Chiller fittings, flow, filtration and electrical installation are resolved.

Notes / measurements / questions for the seller:

Cold immersion is optional and carries risks. This comparison is not medical clearance or an exposure protocol. Never use alone, mix with alcohol, or combine immersion with breath-holding or hyperventilation. Secure access and seek individual advice for relevant health conditions.