

Compare the exact Smith system

Label units clearly. Keep the current manual, drawing and quote with this sheet.

Exact model / revision / seller / manual date:

Planned lifts and users / Smith-only, rack or cable needs:

Unloaded figure / units / bar mass or effective load / source:

Counterbalance fitted? Confirmed residual starting resistance:

Frame and working area / ceiling / plates / bench access:

Floor, leveling and manufacturer-required installation or anchoring:

Complete equipment / missing items / delivered quote / quote date:

Delivery route / parts contact / warranty / return freight terms:

If starting resistance is unresolved, record plates separately instead of guessing a total.

Frame dimensions and marketing capacity are not proof of fit or safe load.

Record a demonstrated setup

Repeat per lift and user. This sheet does not set safe stop heights or prescribe loads.

Exercise / user / exact machine / demonstration date:

Bar path, permitted facing direction and manageable unloaded travel:

Bench model / angle / repeatable position / stable placement:

Physical stop settings / full engagement / protective clearance:

Hook positions / rerack motion / fully engaged check:

Nominal log: stated base + left plates + right plates / units / source:

Inspection or maintenance findings / required follow-up:

Unanswered questions / setup to skip / next appointment:

Recheck stops and bench position after changing angle, exercise or user.

Stop for discomfort, uncontrolled movement or equipment defects. Follow the exact manual.